## Sunday, February 2, 2025 8:00 – 9:00 p.m.

#### **AL BETZ**

Title: HOW TO BUILD A BUSINESS IN 2025

## 1.0 hours (60-minute) presentation .10 CEU:

Relevant topic to 3.10 b, f, Networking, professional mental health and stress management,

#### **Course Description:**

#### **Awareness**

- Know yourself
- Find and Face the Truth
  - Identify your weaknesses
- Fear and Anger
  - o Overcome one; Manage the other
- Limiting Belief
  - Self-talk
- Emotion Gets in the Way
  - Think before acting
- Change bad habits
  - Bad habits are bad silent communicators
- Add a Missing Skill
  - What's holding you back
- Develop your Action Plan
  - Where do you want to go, how will you get there
- Hard Work
  - Inspire performance
- Gaining momentum
  - o Customer Service
- Measuring progress
  - o Your key indicators, \$ statements, customer satisfaction, competition

#### Bio:

Al Betz has been known as court reporter, pioneer, entrepreneur, author, CEO, volunteer, podcast host, coach and public speaker. Al's life philosophy is that daily achievements lead to significant accomplishments. Whether reading 10 pages from a favorite book, interviewing a business leader on his podcast, or signing an important contract, Al experiences personal or professional growth every day.

His business career began at age 19, and 50 plus years later he remains active. He enjoys learning, communicating and creating. His favorite topics are silent communication and inspired performance. "Not one human being is ever taught to communicate, and we see the results of it daily, in our homes and in the workplace." Al learned the value of an inspired performance at a Kenny G concert. He applied what he saw to his own performance, and it changed his life.

#### RICH GERMOSEN

## FAPR, RDR, CRR, CSR-CA, CCRR-CA, CCR-NJ, CRCR-NJ, NYACR, NYRCR

Title: The Importance of Practice, motivation, and giving back to the Stenographic community

One Hour (60-minute) presentation:

Relevant Topic to Section 3.10 a, Professional Development and Welfare

Section 3.10 a, Test Preparation and Test-Taking Skills

#### **Course Description:**

In this session you will learn about: Benefits of the practice page, creating fives; importance of consistency - get to day 100; taking a break from practicing; practice buddies to keep you motivated; being present while you're OTR; pay attention to weaknesses; keep a list of your weaknesses

NCRF You will learn about: The importance of NCRF and giving back; NCRF grants and scholarships; Career Launcher

#### Bio:

Rich Germosen has been a certified freelance realtime stenographer since 1992. Germosen passed the October 1992 NJ CSR examination at Mother Seton High School in Clark, NJ. Germosen works mostly in Manhattan covering high-end realtime jobs usually in patent/pharmaceutical depositions and arbitrations. Germosen has competed in the NCRA Speed and Realtime contests each year since 2012. He is the creator of the Facebook group 100-Day Challenge - 15 minutes per day of steno practice as well as various other Facebook Stenographer pages. Rich currently serves on the NCRF Board of Trustees, and is Chair of the National Court Reporters Foundation Angels Gatherers Committee. Germosen was recently inducted into the Academy of Professional Reporters and bestowed the title FAPR upon him.

### KATHY CORTOPASSI

Title: Little Things = BIG Money

One Hour (60-minute) presentation .1 CEU:

Relevant Topic to Section 3.08 C, Business Administration Strategic planning, finance, and administration;

Section 3.10 I, Professional Development and Welfare Retirement Planning

#### **Course Description:**

For all of her married life, Kathy begged her husband to get a job with benefits. He chose, instead, to get work close to home so he could be with his family more. Home and family were more important to him, which made him an EXCELLENT husband and father – but not provider.

Had Kathy only known in the early years of her marriage and career what she has learned this past year, as a widow, things WOULD have been different.

She is going to capsulize what she learned this last year about saving for retirement, diversifying your income, budgeting, "following your money", "learning your gap", and how to make up for lost time.

Reporters of ALL ages will benefit from Kathy's session, but she truly hopes those in their 20s and 30s attend to learn what a difference they can make for their future selves – with as little as \$250/month.

Kathy will teach how important the "little things" are in our American consumer-driven mindset and how making "little changes" could mean BIG money. She will relate these lessons to CART/captioners AND reporters – but in general to anyone interested in not being broke in retirement. Calculators or calculator apps advised for this session.

Fair warning: Kathy is not a CPA, attorney, Certified Financial Planner, Certified Financial Advisor, tax advisor, etc. These are lessons she learned from those people. Consult your own expert(-s) in making your own financial decisions.

#### Bio:

Kathy was married to the love of her life for 38 years, has 5 kids and 12 grands and is currently a Federal Official Court Reporter in Greenbelt, MD and owner of Voice to Print Captioning. She has been in this profession for 40 years, doing such things as freelance reporter, freelance court reporting agency owner, CART provider, CART captioning company owner, state official court reporter and now federal.

# CASSANDRA ELLIS, RMR, RDR, CRR CA-CSR, HI-CSR, WA-CCR

TITLE: Best practices to produce a rough ASCII and send it in a timely fashion

One Hour (60-minute) presentation .1 CEU:

Relevant Topic to Section 3.02 A, The Reporting Profession, the Law and the Courts: Courtroom and Deposition Procedures

#### **Course Description:**

Cassandra will discuss how to plan for a rough ASCII request and what it takes to meet the needs of the client in a timely fashion.

#### Bio:

Cassandra was born and raised in Seattle, Washington, and a graduate of Green River Community College, and has been a certified court reporter since 1993, also providing realtime in a CART setting prior to graduation. Starting her reporting career in the arbitration realm, Cassandra has worked in a variety of venues for reporting, including traveling overseas for depositions and arbitrations, as well as providing CART for disability conferences. She moved with her family to Maryland in August of 2002.

Cassandra has lived and worked in Asia, Germany, and Hawaii, providing CART and realtime, covering a myriad of disability events and board meetings for companies such as Seimens, Osram, and Ferrari, and traveling across many countries. Cassandra is a freelance deposition reporter specializing in realtime, patents, and pharmaceutical cases, both in person and remotely, and lives in Silver Spring, Maryland. When not working, Cassandra spends her spare time with her husband and their miniature dachshunds, their horses, their children and grandchildren. For fun, she attends dog shows, grooms her horses and her dogs, enjoys reading for pleasure, and practices on her machine at least 60 minutes per day.

## Thursday, February 6, 2025 8:00 – 9:00 p.m.

# ASSOCIATE JUDGE ANDREA HERTZFELD ASSOCIATE JUDGE DC SUPERIOR COURT

Title: Working in the Court as an official

One hour (60-minute) presentation .1 CEU:

Relevant Topic to Section 3.02 a, The reporting profession, the law, and the courts; Courtroom Procedures

#### **Course Description:**

Judge Hertzfeld worked in the U.S. Attorney's Office in the District of Columbia and later became an Assistant United States Attorney.

President Donald Trump nominated Hertzfeld on May 6, 2019, to a 15-year term as an associate judge on the Superior Court of the District of Columbia. She was nominated to the seat vacated by Stuart Nash.

On October 22, 2019, the Senate Committee on Homeland Security and Governmental Affairs held a hearing on her nomination. The Senate confirmed her nomination on November 21, 2019, by voice vote.

She will speak about her professional background, working with court reporters, and the importance of taking down the record accurately.

#### Bio:

Andrea L. Hertzfeld was nominated to be an Associate Judge of the Superior Court for the District of Columbia on May 6, 2019. Her nomination was confirmed by the United States Senate on November 21, 2019. Judge Hertzfeld was born and raised in Waterville, Ohio. She attended Anthony Wayne High School there, then received her Bachelor of Arts degree in Economics and Sociology from Bowling Green State University in 2000. In 2004, Judge Hertzfeld received her Juris Doctor from Harvard Law School, where she was a member of the Civil Rights, Civil Liberties Law Review and an articles editor for the Women's Law Review. After law school, Judge Hertzfeld worked as an associate at the law firms of Cohen, Milstein, Sellers & Toll, PLLC in Washington, D.C., and Quinn, Emanuel, Urquhart and Sullivan, LLP in Los Angeles, California. She specialized in litigating complex multi-district and international commercial disputes. In 2010, Judge Hertzfeld was sworn in as an Assistant United States Attorney in the District of Columbia. At the time of her appointment to the bench, Judge Hertzfeld was serving as Senior Litigation Counsel at the United States Attorney's Office and the Project Safe Childhood Coordinator for the District of Columbia. She led the Office's child exploitation and human trafficking unit, prosecuting child exploitation and juvenile sex trafficking crimes in the United States District Court for the District of Columbia. Judge Hertzfeld previously prosecuted violent crimes in Superior Court, specializing in the prosecution of child sexual and physical abuse ma ers, as well as adult sexual assault cases. She spent the last five years before her appointment training federal law enforcement na onwide on techniques to apprehend and successfully prosecute online child exploita on crimes. In 2016, Judge Hertzfeld received the Attorney General's Award, recognizing her work in the prosecu on of child exploita on cases. In 2018, she received the Assistant United States Attorney's Association John Evans and Victor Caputy Award for Outstanding Advocacy, recognizing her litigation and trial skill.

## STEPHANIE BARNES & JOSEPH ELLIS, CLVS

Title: Al is coming fast, what are you going to do to protect your job

One Hour (60-minute) presentation .1 CEU:

Relevant Topic to Section 3.06 D Grassroots or advocacy training

## **Course Description:**

Joseph Will discuss artificial intelligence, what you need to know, how to work with AI to make your job easier and how to protect yourself against AI and how it is already taking part in the deposition process.

#### Bio:

Stephanie Barnes has been a freelance reporter in DC, Maryland, and Virginia for about six years. I have done everything from depositions, Senate Committee hearings, trials, arbitrations, and school board meetings. I also have experience working for InnoCaption as a captioner. Captioning was immensely rewarding, especially as I captioned during the height of COVID, and in my own way, helped many stay connected. My passion, though, is depositions.

Since being a freelance reporter, I have had two amazing children, now two and three. Freelance has allowed me the opportunity to both pursue my passion and raise my small babies, which I am eternally grateful for.

Joseph Ellis has been a certified videographer for 22 years and has worked in the industry for over 30 years. He is certified by NCRA as a CLVS, and holds the Realtime Systems

Administrator certificate, and makes his home in the suburbs of Washington, D.C. Joseph has traveled the world with his wife, Cassandra, from Asia to Europe, the Bahamas,

Bermuda and Canada, Joseph has been immersed in the court reporting industry. He has an IT background, with 20 plus years in Boeing's IT department, and 30 plus years as

Cassandra's IT go-to, he understands the vagaries of the court reporting profession and does his best to support every court reporter with whom he works to the best of his ability. As with all of us, he has been keeping up-to-date with AI in the court reporting industry and will share what he has learned so far in an easy-to-understand way.

# **JASON MEADORS**

Title: Best practices for reporting depositions overseas

One Hour (60-minute) presentation .1 CEU:

Relevant Topic to Section 3.02 The Reporting Profession, the Law, and the Courts

a. Overseas deposition procedures, best practices

#### **Course Description:**

Have you had the opportunity to work overseas and turned it down due to fear of the unknown? Jason Meadors has spent the past several years living in Colorado and working overseas, from all across the United States, Asia, Central America and beyond, Jason will tell us the what and wherefore of deposition reporting overseas, the best practices and procedures to ensure the deposition(s) go off smoothly.

#### Bio:

Jason T. Meadors, FAPR, RPR, CRR, CRC Meadors Court Reporting Fort Collins, Colorado jason@meadorsreporting.com jasont3cr@gmail.com Court reporting history: Starting out as a General courts-martial reporter in the U.S. Marine Corps, to a Official reporter in Larimer County District Court, Fort Collins, Colorado. He has reported in many locations worldwide, from Colorado, Wyoming, Alaska, to remote locations, like Guam, Bermuda, Colombia, Ecuador, Hong Kong, and too many others to list.

Association history: Director, Secretary, Vice President, President-Elect, President, Colorado Court Reporters Association, 1982-1990, 1996-1999 Extensive committee participation/chairing, CCRA, 1982-2016 Charter member/parliamentarian/director, Stenograph Multi-Users Group, 1989-1990 Director and officer positions, including President, StenoCAT Users Network, 2000-2006 Director/ Secretary-Treasurer, Downtown Development Authority, Fort Collins, Colorado, 1995-2005 Campaign team, successful Justice Center bond issue, Fort Collins, Colorado, 1999 Director, National Court Reporters Association, 2005-2008 and 2018-2021 Secretary-Treasurer, National Court Reporters Association, 2009-2010 President-Elect, National Court Reporters Association, 2021-2022 President, National Court Reporters Association, current NCRA committee participation: Finance Committee; CIJ liaison; CLVS Council; Committee on Professional Ethics; Item Writing Committee; Judicial liaison evaluation; NCSA Affiliates; Task Force; Social Media Committee; Constitution and Bylaws Committee; Nominating Committee; STRONG Task Force; Presidential planning committees; formation, assembly, and oversight of NCRA committees as President, including newly formed DE&I Certifications: Registered Professional Reporter, NCRA, 1982 Certified Shorthand Reporter

A distiguesd author with titles available on Amazon: https://www.amazon.com/Jason-Meadors/e/B06XJFKCWM

He can be found social Media:

Facebook: http://facebook.com/jason.meadors LinkedIn: http://linkedin.com/in/jasonmeadors

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